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## Role Of Discipline In Teaching-learning Process

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Received- 18.06.2022, Revised- 23.06.2022, Accepted- 28.06.2022 E-mail:johari.manju@gmail.com

**Abstract:** *Discipline is very important for the students during school or study. Without discipline we cannot be well educated. Discipline in school education is a set of rules and regulations that remind us of a fair behaviour code. Discipline is more important during school life. But discipline is not only important for school students, it is for everyone. Discipline is a self-improvement practice. This is what helps all of us to achieve our goals in life. Look at a successful business owner and a popular leader and you will find that he is well disciplined. Many founders and leaders have high business intelligence and strong analytical skills. Because they practiced their professional development strategies consistently and with attention. But by being disciplined, he inspired himself and gave time to study and learn every day. In this paper we will discuss about how discipline is important in education system.*

**Key Words:** discipline, educated, regulations, behaviour, improvement, practice, achieve, successful business.

Discipline is a word of the English language which is derived from the Latin word 'Discipules' which in Hindi means 'to learn' or 'obedience'. The word 'disciple' means 'disciple' or pupil. The origin of the word Discipline is also believed to be from Disciplina which means- Teaching. The most essential driver for effective quality performance of any organization or system is its discipline. All organisations, whether private or public, have a purpose. To sustain the existence of the organization for its stakeholders and make continuous progress towards development. Without discipline it is impossible to produce excellent education in the school. To get a trained good student there is a need to maintain a specific system for qualified teachers and skilled teachers, which we cannot do without discipline. Discipline is the most invaluable fund for the life of every nation and society. Just as the value of discipline is very high in the life of the country and society, in the same way discipline is important for the life of the individual. In school, children are prepared for the society. Hence the place of discipline in the school becomes very important. The education of the child takes place in the school. His life has become beautiful. They are expected to follow the rules of the school. He should adopt proper behavior in school. Discipline means enabling the student to control himself and follow the rules of the school without any fear and help in creating a good environment in the school.

**Importance of Discipline in School-** Discipline is not only a moral value but it is the most powerful quality to be successful in life. The goals of life cannot be achieved without being disciplined, discipline itself takes them forward in life. However, discipline cannot be learned in a day. It takes years to acquire this specialty and the best time to learn the discipline is in childhood. This is the reason why schools play a vital role in imparting discipline and building well. Discipline is the way by which we align our body, mind and our soul so that we can achieve great heights in life both personally and professionally. Discipline is the only way which can bring stability in one's life. Due to lack of discipline, a person is not able to do any work properly. Therefore it is necessary to practice discipline in every sphere of life.

### Causes that weaken Discipline in Education system-

**1. Faulty education system-** The present education system is far from the realities of life, it provides only theoretical knowledge to the students, that is, this education provides only degrees instead of employment to the youth of the country. The youth of the country are roaming the streets in search of employment with high degree like stray animals. They are making rounds of the offices due to which dissatisfaction and indiscipline is increasing among them.



**2. Faulty Examination System-** Presently the examination system run by various education boards and universities in our country is faulty. At the end of the session an annual examination is conducted in the name of examination, in which also only five essay questions are asked in most of the university examinations. To pass this type of exam, most of the students buy cheap notes from the market shortly before the exam. Take them and read them and pass the exam. In schools, colleges, only guests or tourists go for mourning, entertainment, roam around like vagabonds throughout the year and indulge in indiscipline.

**3. Moral degradation of teachers-** At present there is a moral degradation of teachers, for which they themselves are responsible, they consider the students as the material of tuition, so they do not give full attention to the students in the classes and are only busy . Tuition related work. Which has a wrong effect on the students because only students with money can afford tuition, rest of the students turn towards acts of indiscipline.

**4. Partisan attitude of teachers-** It is often seen that students who are smart in class, teachers get attached to those students and ignore other students. In such a situation, there is a feeling of inferiority towards the teacher in the mind of the neglected students and they start disregarding the words of the teacher.

**5. Changing the teacher-disciple relationship-** At present, the teacher in schools is more engaged in the work of tutoring than teaching the class, it does not mean that the student of the class listens to him, understands that he has to go to the class. Wait for the class room and its duration. , He does not pay attention to the personal problems of the students, nor does he try to solve them, in such a situation, the students also do not respect the teacher, which breaks the cordial relationship of the student- teachers.

**6. Lack of co-curricular activities-** Due to lack of co-curricular activities in schools, students are not able to utilize their free time properly, due to which they do mischievous work by sitting empty at the time of ringing of the bell.

**7. Growing Student Number-** Due to fast growing population, educational expansion and lack of educational facilities, there are at least 60-60 students studying in a class, so it is very important for a teacher to give individual attention to all the students. difficult job. Due to which the students are disappointed.

**8. School environment-** It is often seen in schools that the relations between teachers are not cordial, they keep quarreling among themselves about some matter, due to which the school environment remains tense. Which is having a bad effect on the students. They neither listen nor respect any teacher.

Types of discipline- Different types of discipline have been described by different people. Given below are its types-

**1. Positive Discipline-** Positive discipline focuses on the positive points of behavior. It generates a kind of positive thought in the person, that a person is not good or bad, but his behavior is good or bad. A child's parents teach them problem-solving skills as well as work with them to develop them. Parents send their child to educational institutions to teach discipline. All these aspects promote positive discipline. And it should be encouraged.

**1. Negative Discipline-** Negative discipline is the discipline in which it is seen that what a person is doing wrong, which has a negative effect on him. Giving orders to a person and forcing them to follow rules and laws is negative discipline.

**2. Boundary based discipline-** Boundary based discipline is meant to set boundaries and make rules clear. There is a simple principle behind this discipline, that when a child knows what the consequences are if they go out of bounds, such children are obedient. Their behavior is positive and they always feel safe.

**3. Behavior Based Discipline-** Modifying behavior has both positive and negative consequences. Good behavior comes with praise or rewards, while misbehavior leads to negative consequences, so it also causes considerable harm.

**4. Self Discipline-** Self discipline means disciplining our mind and soul which in turn affect our body. For this we have to motivate ourselves to be disciplined. If our mind remains disciplined, then our body will function



well on its own..

### Effects of discipline-

**1. staying motivated-** If one is not disciplined, it becomes difficult to even take interest in studies. need to be reminded What are you really working on for yourself every day and why? By simply writing down your study goals, you can really realize what you want to achieve in life. It's also a great way to keep yourself motivated how close are you practically coming to meeting all those goals.

**2. A transferable skill-** Learning to be disciplined when you are a student gives you a very beneficial skill that you can use later in life. After completing your studies, discipline is useful in your workplace as well as in your family life. it is a skill that You can use it whenever you want to make things better in one way or another.

**3. Stress Relief-** When you put in the effort to be disciplined, it becomes easier to keep your studies and personal life in order. This means that just being disciplined can make your school and university days much less stressful. you can then make time for other areas of life such as friendship, family time and some relaxation.

**4. Get better grades-** It is clear to say that disciplined students tend to get much better grades than students who are not disciplined. Obviously, disciplined students who focus on studies get the most out of their classes.

**5. Discipline is essential to maintain learning environment in school-** If a child will not be disciplined, he will never be able to implement his plans in real life which Later he had to spend a lot. If there is no discipline in school, students will be free to do anything All classes will bunk. So, no one would like to sit and learn in this Class. Students will also refrain from doing homework. In the end, students will not be able to learn anything. Therefore, discipline is important to create a learning environment school.

**6. It develops students into strong individuals-** Discipline is a way for children to set boundaries so that they know what is right and what is Wrong. This improves the character of the students and they become strong as well as self-reliant. The discipline also develops the analytical skills of the students. So, when they get older, they can exploit their skills to solve real life challenges.

### Measures to reduce indiscipline-

**1. Improvement in education system-** Student indiscipline can be reduced by providing practical education in place of theoretical education currently provided by Macaulay. Education should be such that it helps the child to earn his livelihood in future. From this point of view, knowing the importance of technical and vocational side of education, it can be placed in the National Education Policy 1986.

**2. Improvement in the examination system-** The test should include two objective and very short answer type questions along with essay type questions, so that the student will study the entire syllabus instead of reading only five questions, leaving him with no time. for indiscipline. Hence continuous evaluation scheme should be adopted to improve the examination.

**3. Behavior of the teacher-** The teacher should not only pay attention to the smart children in the class but also treat all the students equally and solve the problems of all the students equally.

**4. Organizing Co-curricular Activities-** Co-curricular activities should be organized in schools from time to time like sports, dance, hobby classes, such activities encourage cordial relations between students and teachers.

**5. Moral Education-** Moral and character education should be included in the school curriculum, which will inculcate moral and human values in the students.

**6. Limited Admission -** While admitting students to different classes in schools, care should be taken of the human and material resources available in the school. Admission of students in excess of capacity leads to indiscipline.

**7. Proper Guidance-** From time to time in the schools, the problems of the students should be solved by giving proper instructions to the students at the place of prayer or by organizing a seminar by the head of the institution.



**8. Staying away from political parties-** No person associated with politics should be invited to any program of the school.

**9. Abandonment of Transition Attitude-** Teachers and parents should be given complete freedom to meet and talk to each other in educational institutions by shunning their parochial attitude. Due to this there will be no tension in their mind and they will not be inclined towards immoral acts.

**10. Cooperation of students in development works-** Students should take full cooperation in various development works in the school, so that the students will consider the school as their own and will not do any work in their own interest.

**Conclusion-** Today the whole society is suffering from the problem of indiscipline, it is our mistake to blame only the students, the indiscipline spread among the students is a miniature form of the indiscipline spread in the whole society which we see spreading other parts of society. This problem is like embers of fire which are burning inside. You must have seen glimpses of indiscipline in government or non-government employees, who have maintained their peculiar attitude, we can call it clock attitude, calendar attitude. They keep looking at the clock all day, when it is five o'clock and when they reach home and when the first date in the calendar comes and when they get the money and do nothing, it is an example of indiscipline. You read daily in the newspapers about the indiscipline among the political leaders, you see in the television, day to day abuses in the assembly, Lok Sabha, shoes, slippers, kicks, kicks, chair tables, halls etc. If there is no indiscipline then what is the public today. The attitude has become such that in a free country all the people have become free to do every moral and immoral act, seeing all these things we can say that today not only in India but the whole society of the whole world is suffering. The problem of indiscipline. Is . It is not right to blame only the indiscipline prevailing among the students. Indiscipline spread among students is a short form of indiscipline spread in the society. So I believe that if we have to eliminate this problem from the root, then all the citizens of the country, educational institutions, employees, politicians, parents and students, all understand their responsibilities and do their work sincerely, Then a few days after another. The problem will go away by itself.

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